

Video: Practical steps to start innovating

In the video you learnt how Kadri Haljas started her EdTech startup called Triumph Health. Kadri is a clinical child psychologist and her startup focuses on mental health of children. In her talk she describes the long journey before an innovation becomes the golden standard.

1) **Do you remember how long does it take for innovation to become actually the golden standard and common practice?**

2) **Scan a QR code and have a look on Kadri's presentation.** She presents a graph of different phases of accepting innovations (Innovator's mindset). **Where do you usually belong when trying some new innovation?** Are you innovator, early adopter, early majority, late majority or one of the last ones (laggards) to adopt some new innovation into your life?



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