

Video:**3 Productivity methods**

Lector Tomáš Doležal introduced in his video **3 different productivity methods** (Pomodoro technique, The Eisenhower Matrix and Time Blocking).

Scan a QR code below and take a quiz at the www.todoist.com website (<https://todoist.com/cs/productivity-methods>).



1) Which **productivity method** did the quiz suggested for you?

2) **Try to apply this suggested method for one day** and then evaluate it for yourself. Was the method working you? Will you continue working with it?

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